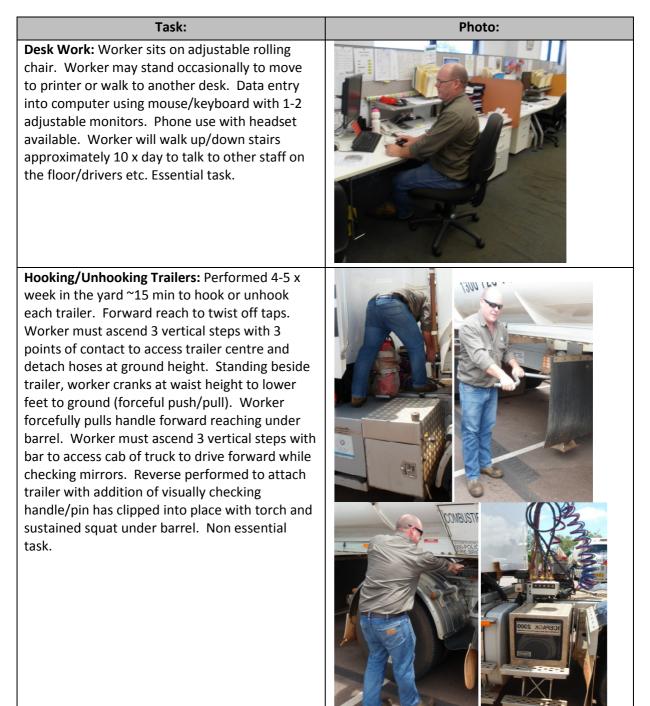
Fleet Controller	Location: Darwin	PUMA/Direct Haul
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Description: Site based role performing computer and desk work in air-conditioned office with adjustable chairs. Access to control room 100 m walk over level ground with 3 steps then stairway (15 steps) with rail on either side and door at the top of the stairs. Exposure to weather conditions walking from admin office to fleet control building. Tea room and toilets on same floor ~10 m walk.

PPE: Long sleeved collared shirt, long pants, steel capped boots

Roster: Monday-Friday 0800-1700. Weekends on call.

Environment / Health: Exposure to weather with hooking/unhooking or access to office.



## **Physical Demands**

## Job: Fleet Controller

Item	Other	Occasional	Frequent	Constant
Bench -Bench	Forceful	Х		
	push/pull			
Bench - Above Shoulder	Forceful pull	х		
Sitting - Supported				х
Walking		х		
Ladder		х		
Standing		х		
Squatting		х		
Stairs		х		
Neck:				
Rotation			х	
Forward Bend		х		
Bend Backward		х		
Back:				
Forward Bend		х		
Side Bend		х		
Rotation			х	
Bend Backward		х		
Arms:				
Forward Reach			х	
Side Reach			х	
Overhead Reach		х		
Hand Manipulation				х
Wrist/Hands:				
Bend Down		х		
Bend Up			x	
Bend toward thumb/little				х
finger				
Forearm Rotation		х		
Grip			х	

Frequency Classifications						
	% Task Time	Reps Per Day	Reps Per Hour	<b>Reps Per Minute</b>		
N - Never	-	-	-	-		
O - Occasionally	1-33	1-100	1-12	1 every 5-15		
F - Frequently	34-66	101-500	12-63	1 every 1-5		
C - Continuous	67-100	500+	>63	1 or more		